


# Real California MILK FACTS

The Real California Milk seal certifies that a dairy product is made with 100% California milk.


Look for the Seal  
California Milk Advisory Board



**23,002 Pounds**  
Average amount of milk produced  
by a California dairy cow<sup>2</sup>




**#1 Milk Producer  
in U.S.<sup>1</sup>**




**23,382 POUNDS OF MILK**  
produced per cow in 2015  
up from 15,000 pounds in 1984



**19.6%**  
Of U.S. milk is produced  
in California<sup>1</sup>



**40%**  
Of U.S. dairy exports  
are from California<sup>2</sup>



**40.9B**  
Pounds of milk  
produced each year<sup>1</sup>



**Milk Standards**  
Fluid milk in California milk contains more  
protein, calcium and nutrients than milk  
that meets federal standards.

**46%**  
Amount of  
California milk  
that makes  
California cheese<sup>1</sup>

